



# IRVING RECREATION CENTER SUMMER DAY CAMP 2016 Grades K-2

# Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwaves are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

# Contact Us

402-441-7954 (Rec.Center) 402-405-6608 (K-2 phone) 402-405-6609 (3-4 phone) 402-405-6610 (5-7 phone)



## Wacky Week

This week is Wacky Week! Our field trip is to Antelope Park and the Ager Golf Course where we will play a round of golf...with our feet! We will also participate in a theater event as part of the Summer Reading Program. Our new character focus is Caring.

### THIS WEEK'S HIGHLIGHTS

#### Monday

We are starting this week off on an energetic note with Smearo in the morning before we go swimming. Pool day! Please continue to make sure that campers still wear tennis shoes on swim days. Be sure to have your bathing suits, sunscreen and towels. They can change into flip flops before we go to the pool. In the afternoon we will introduce this week's character focus and talk about what it means to be caring.

## Tuesday

This morning we will continue our tennis and yoga sessions with UNO workouts in between. After lunch we head to the South Branch library for a theater arts event that is part of the library summer reading program.

## Wednesday

Today will start with a craft activity and some wacky indoor games. Remember to wear your orange shirts and sun screen. After lunch we will leave for Antelope Park and the Ager Golf Course to play the new game of Foot Golf. This is a golf played with a soccer ball. We will be picked up by the vans after 2:00 Campers may bring a soccer ball (labeled with their name) if they have one but should NOT wear cleats. We get back around 4:00.

## Thursday

Before swimming, we will pick up litter at Irvingdale Park and play at the playground. Be sure to have your bathing suits, sunscreen and towels for swimming. After swimming and lunch we will be playing games.

## Friday

In the morning we will have a Wacky Week fashion show. Campers should get silly with their hair, outfits and accessories! (Please still have them bring an outfit/shoes that will be comfortable to wear on the walk to the library.) After lunch we will walk to the South Branch library.

You can also view our weekly newsletter online at http://lincoln.ne.gov/city/parks/irving/daycamp.htm